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DESCRIPTION

Summer – a season of holidays.
 White silky sands.
 Hot sun, cold ocean.
 Long lazy spells under shady umbrellas.
 Short siestas. Sunset strolls along the sea.
 Picnics and barbecues.
 Afternoon teas and sundowners.
 Long lazy dinners.
 The food is simple, delicious,
 showing off the local best.

Lazy Days puts you in the summer holiday spirit, taking you up the west coast where Phillippa uses local produce to create mouth watering easy recipes.

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ABOUT THE AUTHOR

PHILLIPPA CHEIFITZ is a well-known South African author and food writer. She currently contributes to Woolworths Taste magazine. She has won many awards, both for her magazine features and her cookbooks. Her most recent cookbook South Africa Eats (Quivertree) received superlative reviews. She also edited and co-authored Woolworths Taste The Cookbook (Quivertree), which has been a great success. Phillippa spends weekdays in Cape Town, weekends in Paternoster, and she visits her family in New York as often as she can.

‘Yet another gem from Phillippa Cheifitz, best-selling author of Cape Town Food, a cookbook to treasure’
 JUSTINE DRAKE, SHAPE MAGAZINE

‘Her best cookbook by far.’
 FRANÇOIS FERREIRA, GEORGE HERALD

‘The recipes and photographs are beautiful and mouthwatering.’
 SUMIEN BRINK, VISI

‘A touch of the sea included, with the accent on family food, Lazy Days doesn’t disappoint...if we could buy just one this would be it. Beautifully illustrated.’
 KYM ARGO, LEISURE OPTIONS

Phillippa’s wonderful laid back use of words ‘Lazy Days’ put me instantly into a chilled, unfussed mode and sent me straight to the kitchen.’
 NICKY FITZGERALD, BOOKS & LEISURE

