



## DISTRICT SIX HUIS-KOMBUIS

### FOOD & MEMORY STORIES COOKBOOK

*The District Six Huis Kombuis* cookbook commemorates the rich fusion of food and cultural heritage in District Six through personal stories, recipes, historical images and craft work.

The book is a culmination of memories and narrative. It weaves through the days of a typical week in District Six, focusing on traditional family recipes that were prepared with love and often limited resources. This is a visual celebration of the vibrancy and warmth of the community – who foraged, preserved, baked and cooked together.

Portraits of 23 former District Six residents, accompany recollections of lives lived in a significant time. Artifacts, food and anecdotes bring the spirit of District Six alive again.

Pub date     September 2016  
Price         R389  
Isbn         978-1-928209-65-2  
Format       270mm x 210mm, Hardback  
Extent       272 pages  
Recipes:     Over 70

### ABOUT THE AUTHOR

Tina Smith has been involved with the District Six Museum since its inception in 1994. In 2006, she became head of exhibitions. Since then her work has grown into various creative inter-disciplinary platforms that involve reminiscence craft and design, heritage tourism, the publication of a number of books on District Six and the management of exhibitions.

### SELLING POINTS

- 2016 is the 50<sup>th</sup> commemoration of the declaration of District Six as a white group area
- Over 60 000 people visit the District Six Museum every year
- A visual celebration of a community, their food and traditions

*“District Six was a melting pot of religions and cultures and this is what made our food so interesting”*

– Sheila Rolls

### ABOUT THE PHOTOGRAPHER

Jac de Villiers opened his photographic studio in the mid 1970s. His photographs have been published in various local and international magazines. He published *Strandveldfood* with Kobus van der Merwe in 2014 to huge acclaim followed by *Craft Art in South Africa* in 2015.

