



# jampacked

TINA BESTER QUEEN OF TARTS

mouthwatering relishes, pestos,  
marinades, rubs & sauces

*Jampacked* is divided into two main sections. The first half is crammed with recipes for stocking up your pantry with essential sauces, pickles and preserves. The second explores ways to successfully incorporate these into your favourite daily dishes.

## sales points

- Eat seasonally
- Cook economically
- Spend time over weekends creating delicious tastes that can then be carried through to weekly meals
- Time-efficient ways of cooking during a busy week but without compromising on taste
- Eat local and from your garden

## about the author

**TINA BESTER** is the Queen of Tarts, celebrated author of bestselling cookbooks *Bake*, *Comfort*, *Celebrate* and *Tarts*. Tina is known for her unique talent of making life and food effortlessly glamorous and desirable. Tina studied graphic design at Stellenbosch University and for 13 years worked for various magazines including *Fair Lady* and *Cosmopolitan*, as a designer and stylist before opening her fabulous and quirky café, Queen of Tarts, in Observatory, Cape Town.

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 Recipes 90

Always longed to create perfect pickles, relishes and jams? *Jampacked* shows you how to stock your pantry with an array of irresistible sweet and savoury preserves - and suggests a wealth of delicious ways to use them every day.

