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#### ABOUT THE AUTHOR

Natasha Sideris grew up in the restaurant business. She is the founder and creative force behind the popular tashas boutique cafés in South Africa and the UAE. Her inspiration has come from her travels around the world and from the talented artisans, designers and chefs that she works with.

#### SELLING POINTS

- Tashas' first book *Cafe Classics* sold over 15 000 copies
- Tashas has 17 stores across SA and four in the UAE.
- Since 2005, tashas has become a household name, with excellent brand recognition and a loyal following.'
- Natasha Sideris, founder of tashas and author of the books, will be available for book signings in key markets.
- Each of the seven chapters will have an accompanying Spotify music playlist to create the mood whilst cooking and entertaining.

# tashas<sup>®</sup> INSPIRED

A CELEBRATION OF FOOD & ART

NATASHA SIDERIS

A collection of classic recipes from cuisines around the world, beautifully illustrated with over 80 pieces of original art and stunning photography. Each of the seven chapters in the book recreates a place that has had a lasting impact on Natasha: the New York deli, the Spanish tapas bar, the Parisian bistro, the Greek taverna, the Levant kitchen, the English country home and the classic international café.

This book is more than just a collection of recipes from around the world. *tashas inspired* is designed to evoke emotion and memory, and to inspire you to create these sensory adventures and experiences in your own home.

**'A lavish, inspiring and exquisite production, celebrating food and art, the likes of which South Africa has not seen before. If you buy one cookbook this season, this should be it'**

